

Together Relax Unplug Explore

by TRUE in the Trees: An ECEBC Leadership Initiative Project

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Relax
Unplug
Explore

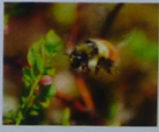
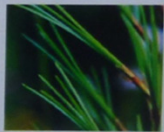
I



the Shuswap

*T.R.U.E.
PLAY IS THE HIGHEST
FORM OF RESEARCH
ALBERT EINSTEIN*

IN
THIS
BOOK



Pacific Tree Frog

It's our voices you hear in movies with frog sounds. I can be brown, green or almost black depending on how warm or cold it is! I like to eat beetles, flies, spiders and ants. Yum!!



Western Painted Turtle



We are blue listed. It means we are at risk of becoming endangered.

Western Red Cedar

I am B.C.'s provincial tree.

We like to live in the Shuswap.

Some of us here are
1,000 years old.



Paper Birch



Popsicle sticks are
made from my wood.
My bark is my skin.
I need it to stay alive.

Snail



Aquatic snails live
in the water.

Terrestrial snails
live on the land.

Snails are mollusks and are
cousins with the octopus and squid.

Slug

I lay a road of slime
to travel on.

I am important food
for birds and fish.





Slugs and Snails have two sets of tentacles.

One set is for looking.

One set is for touching and smelling.

If one falls off a new one will grow.

Dragonfly

Our wings are always apart, even when we rest.

We have 30,000 eyes.

We love to eat mosquitoes.



Red Pine

R-E-D

1-2-3

We have three needles in a group.



White Pine

W-H-I-T-E

1-2-3-4-5

We have five needles in a group.



Tree Rings



Count the rings.

How old am I?

I make one ring every year.

Bumble Bee

There are more kinds of
bumble bees in Canada than
anywhere else in the world.

We are pollinators.

You cannot live without us!
We leave a scent on a flower
we have pollinated so
other bumble bees know.



I am awake mostly at night.
What is my name?



I have lots of them

- wood louse
- wood bug
- pill bug
- armadillo bug
- rolly polly
- sow bug
- doodle bug
- carpenter bug
- boat builder

What do you call me?

Mallard Ducks

Male and Female

The male has a green head.

We like to nest on
floating plants.



Wood Duck



Male and female

The male has a green head
and red eyes.

We like to nest in trees.

Western Long Toed Salamander

LOOK CAREFULLY FOR ME - I AM SHY



I live 6 - 10 years.
I have a stripe that is tan, yellow or green.
I eat insects and tadpoles.
I have 4 toes in the front
and 5 toes in the back.
I will wave my tail at you if I'm scared
I can lay over 100 eggs at a time!

Lady Slipper

LOOK CAREFULLY FOR ME - I AM RARE

I am also called a
Moccasin flower.



MADE FOR YOU WITH

Love

FROM THE SHUSWAP
EARLY CHILDHOOD EDUCATORS
WE CARE FOR YOUR CHILDREN

TRUE

*The rhythm of walking
creates bonds with those
you are with*



Vancity
Community Foundation


ECEBC | early childhood
educators of BC


shuswap
Children's
association